THE CATHOLIC UNIVERSITY OF EASTERN AFRICA



# 4-DAY CIVIL COMMERCIAL MEDIATION TRAINING BROCHURE

ADR-ODR International is the first and best dispute resolution organisation to bridge the gap between traditional face-to-face ADR and the digital world of Online Dispute Resolution.

The Catholic University of Eastern Africa and ADR-ODR International bring you an internationally accredited mediation course. Successful delegates will be eligible for accreditation by the High Court of Kenya as Civil-Commercial Mediators



## 25th - 28th October 2018

## **Civil-Commercial Mediation** Training Programme

This programme provides delegates with a minimum of 40 hours first class training as a Civil-Commercial Mediator. The programme is taught by global experts that have decades of experience. Completion of the programme results in full accreditation as a UK Civil-Commercial Mediator meeting international standards in mediation.



"An ounce of mediation is worth a pound of arbitration and a ton of litigation!" — Joseph Grynbaum THE CATHOLIC UNIVERSITY OF EASTERN AFRICA





### Why train with us?

CUEA and ADR-ODR International can offer you access to a wealth of ADR and ODR experts whom have over 35 years of experience from over 10 countries. This expertise and experience alongside ADR-ODR International's thought leadership and commitment to ODR allows us to produce the best mediation course for aspiring Civil-Commercial Mediators.



### **Excellence guaranteed**

CUEA and ADR-ODR International is accredited by the Civil Mediation Council of the UK and we are recognised internationally as the leading ADR-ODR provider.

# Bridging the gap between traditional face-to-face ADR and digital ODR

All of our mediation training courses provide you with a dual qualification. This means that on completion of your mediation training course you will become qualified as an accredited UK face-to-face AND online Civil-Commercial Mediator. ADR-ODR International is the first provider of mediation training to take advantage of the lucrative and rapidly expanding world of digital online mediation. We appreciate the full spectrum of ADR available to the public and want you to be able to mediate in this exciting, developing, digital world of ODR. Once you have completed the 40 hours of Civil-Commercial Mediation training, you will be invited to undertake your 12 hours of online mediation training.

### Post training professional development

CUEA and ADR-ODR International is passionate about conflict resolution and we firmly believe that every graduate of our courses should be provided every opportunity to develop their skills and become peace makers, even after they have finished their mediation training with us.

# How does the 4-day course work?

At CUEA and ADR-ODR International we believe that delegates learn best by practicing mediation skills. This is why all of our mediation programmes are skill based and focused on practical learning. During your Civil-Commercial Mediation training over 70% of your time will be spent in role-play scenarios with tutor observed sessions. The programme is presented by highly experienced international tutors and mediation practitioners who give comprehensive feedback and guidance throughout.

The course creates a rich and stimulating environment with plenty of opportunities to interact with the course trainers and fellow delegates. Case study mediation exercises, group discussions and de-briefing sessions enable you to practice the skills you have learned. Tutors are available to you throughout the programme to discuss any aspect of the course or practical difficulties. CUEA and

### **Course objectives**

#### The course aims to help you to:

- An Introduction to ADR and mediation
- An Introduction to theory of conflict
- An Introduction to the ADR landscape
- An Introduction to the psychology of conflict within mediation
- Acknowledging and developing
  mediation skills
- Understand the role of the neutral negotiator
- Understanding cross-cultural issues in mediation
- An Introduction to Online Mediation

ADR-ODR International brings together leading knowledge in the field of Civil-Commercial Mediation training to ensure that each delegate understands the context and application of the core skills needed to be an excellent mediator.

### **Digital training as standard**

During the course, each delegate will receive materials in hard copy as well as a pre-loaded iPad. The iPad is loaned to each delegate for the duration of the course only. The iPad enables delegates to view materials and video performances in real time and this is used as part of the evening and final assessments. We want you to learn at your own pace and in a format that suits your individual learning style, therefore you will receive physical text books as well as e-books. These will support your practical training and all of the course notes will be easily accessible at any time on the iPad that you will receive at the beginning of the course.

ADR-ODR International believe that online mediation and online dispute resolution are major new developments that all mediators need to be trained in. We are the first international provider to ensure that all of our graduates are qualified both as in-person and online accredited mediators. The online training module takes place after the the 40-hour course has been successfully completed. The online module is 12 hours long and accredits you to be able to undertake mediation online. This will enable you to take advantage of the flourishing ODR market and develop your own ODR practice.

#### Should I attend?

The 40 hour Civil- Commercial mediation skills course is designed for those individuals who have a desire to mediate disputes within civil and commercial arena. We have separate courses for those with an interest in Family and Workplace disputes.

# **Civil-Commercial Mediation**

The course will take place over 4 days, and will run for a total of 40 hours. The outline for the 4 day course is as follows:

#### DAY 1

- Welcome and Introduction
- Historical overview of ADR and the modern
- ADR movement
- Theory of conflict
- Mediators Code of Conduct
- Introduction to the 5 stages of mediation
- Practice opening statements

#### DAY 3

- Psychology of conflict
- Negotiation
- Role-plays 1,2, and 3 (stages 3,4 and 5 of a mediation)
- Closing a mediation
- Home-work video review multiple choice questions

#### Assessments

The Civil-Commericial mediation programme is assessed using 3 oral performances, each lasting 90 minutes. These can be recorded on the iPad provided to you and reviewed by tutors. There is also a written coursework requirement that allows tutors to assess how well you have understood what you have been taught and how it applies to your area of expertise/ organisation.

#### **DAY 2**

- Mediation skills
- Introduction to Online Mediation
- Communication Skills
- Getting to Yes
- Role-play 1, 2 and 3 (opening a mediation
- and exploring the issues)
- Home-work video review and multiple choice questions

#### DAY 4

- Mock assessments
- Role-plays 4-6 with debriefs
- Cross-cultural issues in mediation
- 3 Assessment role-plays (90 mins each)
- Hand-out for written course work

#### **Continuing Professional Development**

Attending ADR-ODR International's Civil-Commercial mediation training programme accrues 40 hours SRA CPD and 33 hours BSB CPD.

### price 58,500 KSH (inc VAT)

To book a place on this course, please contact us at E: charles.ouma@cuea.edu - T: +254713937282



## **Progressive . Progress . Progression**



Witness of Life I Prayer I Truthfulness I Honesty Excellence I Commitment I Competence

ADR-ODR International: Hardwicke Building, Old Square, Lincoln's Inn, London WC2A 3SB